## The Wildcat Café

Welcome to the 2016-17 school year. This year will certainly be an exciting year as we showcase more healthy meal choices in our menus. The school Wellness Policy is in place and we are serving breakfast and lunch that encourage healthier life styles. Reducing fat and eliminating trans fats from the menus will also help to maintain a healthy diet. We also have more whole grain breads and wraps to enhance our menus, as well as adding more fresh fruits and veggie selections. We will be serving up fun and nutrition at the same time. Please feel free to contact any of us with your ideas and comments, or visit us on the web site for additional nutrition information.

# USDA is an equal opportunity provider and employer.

Caring and Commitment: Our Main Ingredients

## **School Policy on Student Lunch Accounts**

- Every student has a lunch account, whether it is used or not.
- Money can be deposited at every location during lunch time or online at sendmoneytoschool.com
- Lunch may not be charged.
- Free/Reduced meal applications are available from the school office or on our website.
- Parents are encouraged to keep their child's account current. You can look at your child's account by going to sendmoneytoschool.com. Please have your child's ID number. Parents may sign up for automatic account balances via e-mail through the food service district website.

### oxfordschools.org

Contact Information:

Karen Bissett Nutrition Services Director (248) 969-5120 karen.bissett@oxfordschools.org

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# Oxford Middle School Menu June 2017



## Wildcat Grab-n-Go at the Snack Shack

#### Caesar Chicken Salad

\$ 2.90

Grilled chicken, romaine lettuce, croutons, parmesan cheese, tomato, caesar dressing, whole grain roll and goldfish crackers

Taco Salad \$ 2.90

Taco meat, cheddar cheese, lettuce, tomato, salsa with tortilla chips and sour cream.

Cobb Salad \$ 2.90

Lettuce, hard boiled egg, turkey, ham, shredded cheddar cheese, shredded carrot

Buffalo Chicken Salad \$ 2.90

Romaine lettuce, grilled BBQ Chicken, cheddar cheese, tortilla chip strips.

Michigan Salad \$ 2.90

Lettuce, mozzarella cheese, apple slices, strawberries and marinated chicken

Chef Salad \$ 2.90

Romaine lettuce, ham, turkey, tomato, cucumber, cheddar cheese, and egg slices, roll, and goldfish crackers

Ham & Cheese Wrap \$ 2.90

Turkey Wrap \$ 2.90

Turkey, lettuce, tomato and fresh veggies and fruit.

Italian Sub \$ 2.90

Turkey, ham, lettuce, cheese, tomato, pepper rings

Wildcat Chicken Shack

Chicken Patty Sandwich \$ 2.90 Hot & Spicy Chicken Patty Sandwich \$ 2.90 Chicken Nuggets, Whole Grain Roll,

And Goldfish Crackers \$ 2.90





All items may be purchased a-la-carte along with many other snack choices

# June 2017 Every lunch

Includes choice of entrée, two different side dishes (salad, fruit, vegetable or fries), and milk



### **Wildcat Sandwiches**

Classic Burger or Cheese Burger \$ 2.90

Wildcat Pizza Lunches

Cheese or Pepperoni Pizza Slice \$ 2.90

Bosco Sticks \$ 2.90

Popcorn Chicken with Tator Tots and Whole Grain Roll

\$ 2.90

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## Wildcat Daily Specials \$2.90 Lunch

6/1 6/2	Wildcat Mash Chicken and Cheese or Cheese Quesadilla with Black Bean Salsa and
6/5	Chips Pizza Calzone with Garden Salad
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6/6	Asian Bar with Far East Vegetables and
	Rice
6/7	Brunch for Lunch
6/8	Wildcat Mash
6/9	Nachos Deluxe with Broccoli
6/12	Mini Corndogs with Tator Tots
6/13	Hotdog, Baked Beans and Watermelon
6/14	French Bread Pizza with Garden Salad
6/15	Wildcat Mash
6/16	Early Release